Comprehensive Health Questionnaire

Demographic Information
☐Mr. ☐Ms. ☐Miss ☐Mrs. ☐Dr.

First Name: _____ Middle Initial: ____ Last Name: _____

Age: _____ Date of Birth: _____ Height: _____ Weight: _____

Ethnicity: ☐Native American/Alaska Native ☐Asian ☐African American ☐Hispanic/Latino ☐Native Hawaiian/Pacific Islander ☐White ☐Other. ☐Decline to Answer

Responsible Party/Legal Guardian (if different than patient): _____ Relationship: _____

Contact Information

Address: _____ Address 2: _____

City: _____ State/Province: _____ Zip: _____

Email: _____ Home/Cell: _____

Employer: _____ Work Phone: _____

Referred by: _____☐ Dentist ☐ Physician ☐ Patient ☐ Other

Provider Information

Dental Provider Office: _____ Last Visit: _____

Dentist Name: _____ Office Phone: _____

City: _____ Sate: _____ Zip: _____

Primary Care Physician Office: _____ Last Visit: _____

Doctor Name: _____ Office Phone: _____

City: _____ Sate: _____ Zip: _____

Additional Provider Office: _____ Last Visit: _____

Doctor Name: _____ Office Phone: _____

City: _____ Sate: _____ Zip: _____

Patient/Parent Signature: _____ Date: _____

What is your chief concern and reason for this visit?

_____

_____

Do you currently experience any of the following symptoms?

Please number your top chief complaints 1-4

Recent is in the last 6 months, Chronic is longer than 6 months

	Recent	Chronic
___ Back Pain	☐	☐
___ Chewing Pain	☐	☐
___ Ear Pain	☐	☐
___ Eye Pain	☐	☐
___ Facial Pain	☐	☐
___ Headache (inside your head)	☐	☐
___ Headache (outside your head)	☐	☐
___ Jaw Pain	☐	☐
___ Neck Pain	☐	☐
___ Nerve Pain	☐	☐
___ Shoulder Pain	☐	☐
___ Tooth Pain	☐	☐
___ Throat Pain	☐	☐
___ Difficulty Closing Mouth	☐	☐
___ Difficulty Opening Mouth	☐	☐
___ Dizziness	☐	☐
___ Dyskinesia	☐	☐
___ Ear Stuffiness (congestion)	☐	☐
___ Ear Itching	☐	☐
___ Jaw Locking Open	☐	☐
___ Jaw Locking Closed	☐	☐
___ Muscle Spasm	☐	☐
___ Noises in Jaw Joints	☐	☐
___ Numbness (Localized)	☐	☐
___ Ringing in Ears (Tinnitus)	☐	☐
___ Sinus Congestion	☐	☐
___ Vision Problems	☐	☐
___ Changes in Bite	☐	☐
___ Dental Pain	☐	☐
___ Teeth Crowding or Spacing issues	☐	☐

	Recent	Chronic
___ Teeth Sensitivity	☐	☐
___ Acid Indigestion	☐	☐
___ Affect Sleep of Others	☐	☐
___ Difficulty Falling Asleep	☐	☐
___ Dry Mouth Upon Waking	☐	☐
___ Fatigue	☐	☐
___ Feeling Un-refreshed in the Morning	☐	☐
___ Frequent Heavy Snoring	☐	☐
___ Morning Headaches	☐	☐
___ Morning Hoarseness	☐	☐
___ Night Sweats	☐	☐
___ Nighttime Awakenings	☐	☐
___ Nighttime Choking	☐	☐
___ Nighttime Urination	☐	☐
___ Shortness of Breath	☐	☐
___ Significant Daytime Drowsiness	☐	☐
___ Sore Jaw Upon Waking	☐	☐
___ Swelling in Ankles or Feet	☐	☐
___ Told I Stop Breathing During Sleep	☐	☐
___ Teeth Grinding	☐	☐
___ Teeth Clenching	☐	☐
___ Tossing and Turning Frequently	☐	☐
___ Unable to Tolerate C-Pap	☐	☐
___ Vivid Dreams	☐	☐
___ Jaw/Facial Fatigue upon waking	☐	☐
___ Kicking or jerking of leg(s)	☐	☐
___ Any other symptoms not listed: _____		
_____		
_____		

What is your level of head, neck or facial pain: 0 = no pain to 10 = worst possible pain

Currently: _____ At its best: _____ At its worst: _____

What are the results you are seeking from treatment?

_____

_____

Patient/Parent Signature: _____ Date: _____

Sleep Conditions - Please select the yes or no answers based on your average sleep experience and/or what a sleep partner has told you

Sleep Position? ☐Side ☐Back ☐Stomach ☐Varies
Sleep Location? ☐Bed ☐Couch ☐Chair ☐Other
Bed Partner? ☐Yes ☐No
Average hours you sleep during the night? _____
Is it easy to fall asleep? ☐Yes ☐No
How many hours do you sleep during the day? _____
Do you wake often during the night? ☐Yes ☐No
Cough, gasps or snorts on waking? ☐Yes ☐No
Do you feel rested upon waking? ☐Yes ☐No
Observed pauses in breath? ☐Yes ☐No
Stopped breathing during sleep? ☐Yes ☐No
Have you ever had a Sleep Study? ☐Yes ☐No ☐HST ☐PSG Date: _____ Result: _____
Previous Positive Airway Pressure Devices Used? ☐CPAP ☐BiPAP ☐ASV ☐APAP
Do you currently use a PAP Device? ☐Yes ☐No Type: _____
Have you previously used a Nighttime Oral Appliance? ☐Yes ☐No Type: _____

Allergic Reactions

Please check any and all medications or substance that have caused an allergic reaction

☐ Anesthetics	☐ Antibiotics	☐ Aspirin
☐ Barbiturates	☐ Codeine	☐ Iodine
☐ Latex	☐ Metals	☐ Plastics
☐ Penicillin	☐ Sedatives	☐ Sulfa

☐ Food Allergies/Sensitivities _____
Other: _____

Current Medications

Please list all medications & supplements *(over-the-counter & prescription) you are taking and the reason you take them* ***OR Provide a copy of your personal Medication List***

Medication	Dosage	Reason for Taking

☐ See attached list

Previous Treatment, Medications and Other Therapies Attempted For The Condition We Are Evaluating

Treatment/Med/Therapy	Doctor/Provider	Approx. Date of Tx	Helpful (y/n)

☐ See attached

Health and Medical History

FOR FEMALE PATIENTS: Are you currently pregnant? ☐ Yes ☐No
Do you drink 4 or more cups of coffee per day? ☐ Yes ☐No
Do you smoke tobacco? ☐ Yes ☐No
Do you consume alcohol or take sedatives for pain relief or sleeping aid? ☐ Yes ☐No
Do you have trouble breathing through your nose? ☐ Yes ☐No
Have you had prior orthodontic treatments? ☐ Yes ☐No
Have you sustained injury to: ☐ Head ☐ Neck ☐ Face ☐Teeth
☐ Other: _____ Approximate Date:_____

Surgical History - *Have you had any of the following:*

General Anesthesia	☐ Yes	☐No	Orthognathic Surgery	☐ Yes	☐No
Adenoids Removed	☐ Yes	☐No	Oral Surgery	☐ Yes	☐No
Tonsils Removed	☐ Yes	☐No	Removal of Third Molar(s)	☐ Yes	☐No
Jaw Joint Surgery	☐ Yes	☐No	(Wisdom Teeth)		

Other types of surgery:
_____

Patient/Parent Signature: _____ Date: _____

Medical History – Patient and Family

Do you have or have experienced any of the following

	PATIENT HX	FAMILY HX
AIDS/HIV	☐ Yes ☐No	
Anemia	☐ Yes ☐No	☐Fam Hx
Anxiety	☐ Yes ☐No	☐Fam Hx
Asthma	☐ Yes ☐No	☐Fam Hx
Awakenings from Sleep ____ x	☐ Yes ☐No	☐Fam Hx
Bleeding Easily	☐ Yes ☐No	☐Fam Hx
Birth Defects	☐ Yes ☐No	☐Fam Hx
Bruising Easily	☐ Yes ☐No	☐Fam Hx
Cancer of _____	☐ Yes ☐No	☐Fam Hx
Chemo	☐ Yes ☐No	☐Fam Hx
Chronic Fatigue	☐ Yes ☐No	☐Fam Hx
Cold Hands and Feet	☐ Yes ☐No	☐Fam Hx
COPD	**☐ Yes**	**☐No ☐Fam Hx**
Depression	**☐ Yes**	**☐No ☐Fam Hx**
Diabetes	**☐ Yes**	**☐No ☐Fam Hx**
Difficulty Concentrating	☐ Yes ☐No	☐Fam Hx
Difficulty Breathing at Night	☐ Yes ☐No	☐Fam Hx
Dizziness	☐ Yes ☐No	☐Fam Hx
Eating Disorder	☐ Yes ☐No	☐Fam Hx
(EDS) Ehlers-Danlos Syndrome	☐ Yes ☐No	☐Fam Hx
Emphysema	☐ Yes ☐No	☐Fam Hx
Epilepsy	☐ Yes ☐No	☐Fam Hx
Excessive Thirst	☐ Yes ☐No	☐Fam Hx
Fainting	☐ Yes ☐No	☐Fam Hx
Fibromyalgia	☐ Yes ☐No	☐Fam Hx
Fluid Retention	☐ Yes ☐No	☐Fam Hx
Frequent Colds/Flu	☐ Yes ☐No	☐Fam Hx
Frequent Cough	☐ Yes ☐No	☐Fam Hx
Frequent Ear Infections	☐ Yes ☐No	☐Fam Hx
Frequent Sore Throat	☐ Yes ☐No	☐Fam Hx
Gastroesophogeal Reflux	☐ Yes ☐No	☐Fam Hx
Glaucoma	☐ Yes ☐No	☐Fam Hx
Hay Fever	☐ Yes ☐No	☐Fam Hx
Hearing Impairment	☐ Yes ☐No	☐Fam Hx
Heart Attack	☐ Yes ☐No	☐Fam Hx
Heart Disease	**☐ Yes**	**☐No ☐Fam Hx**
Heart Murmur	☐ Yes ☐No	☐Fam Hx
Heart Pacemaker	☐ Yes ☐No	☐Fam Hx
Heart Palpitations	☐ Yes ☐No	☐Fam Hx
Heart Valve Replacement	☐ Yes ☐No	☐Fam Hx
Hemophilia	☐ Yes ☐No	☐Fam Hx
Hepatitis	☐ Yes ☐No	☐Fam Hx
High Blood Pressure	**☐ Yes**	**☐No ☐Fam Hx**
History of Substance Abuse	☐ Yes ☐No	☐Fam Hx
Huntington's Disease	☐ Yes ☐No	☐Fam Hx

☐ **I HAVE NO FAMILY HX**

	PATIENT HX	FAMILY HX
Hypoglycemia	☐ Yes ☐No	☐Fam Hx
Insomnia	**☐ Yes**	**☐No ☐Fam Hx**
Intestinal Disorder	☐ Yes ☐No	☐Fam Hx
Irregular Heartbeat	☐ Yes ☐No	☐Fam Hx
Kidney Disease	☐ Yes ☐No	☐Fam Hx
Leukemia	☐ Yes ☐No	☐Fam Hx
Liver Disease	☐ Yes ☐No	☐Fam Hx
Low Blood Pressure	☐ Yes ☐No	☐Fam Hx
Meniere's Disease	☐ Yes ☐No	☐Fam Hx
Memory Loss	☐ Yes ☐No	☐Fam Hx
Migraines	☐ Yes ☐No	☐Fam Hx
Mitral Valve Prolapse	☐ Yes ☐No	☐Fam Hx
Multiple Sclerosis	☐ Yes ☐No	☐Fam Hx
Muscle Aches	☐ Yes ☐No	☐Fam Hx
Muscle Fatigue	☐ Yes ☐No	☐Fam Hx
Muscle Spasms	☐ Yes ☐No	☐Fam Hx
Muscular Dystrophy	☐ Yes ☐No	☐Fam Hx
Neuralgia	☐ Yes ☐No	☐Fam Hx
Nervous system Disorder	☐ Yes ☐No	☐Fam Hx
Osteoarthritis	☐ Yes ☐No	☐Fam Hx
Osteoporosis	☐ Yes ☐No	☐Fam Hx
Ovarian Cyst	☐ Yes ☐No	☐Fam Hx
Parkinson's Disease	☐ Yes ☐No	☐Fam Hx
Poor Circulation	☐ Yes ☐No	☐Fam Hx
(POTS) Postural Orthostatic Tachycardia Syndrome	☐ Yes ☐No	☐Fam Hx
Psychiatric Care	☐ Yes ☐No	☐Fam Hx
Radiation	☐ Yes ☐No	☐Fam Hx
Recent Weight Gain	☐ Yes ☐No	☐Fam Hx
Recent Weight Loss	☐ Yes ☐No	☐Fam Hx
Rheumatic Fever	☐ Yes ☐No	☐Fam Hx
Rheumatoid Arthritis	☐ Yes ☐No	☐Fam Hx
Scarlet Fever	☐ Yes ☐No	☐Fam Hx
Shortness of Breath	☐ Yes ☐No	☐Fam Hx
Skin Disorder	☐ Yes ☐No	☐Fam Hx
Sinus Problems	☐ Yes ☐No	☐Fam Hx
Slow Healing Sores	☐ Yes ☐No	☐Fam Hx
Speech Difficulties	☐ Yes ☐No	☐Fam Hx
Stroke	**☐ Yes**	**☐No ☐Fam Hx**
Swollen or Painful Joints	☐ Yes ☐No	☐Fam Hx
Thyroid Disease	**☐ Yes**	**☐No ☐Fam Hx**
Tired Muscles	☐ Yes ☐No	☐Fam Hx
Tuberculosis	☐ Yes ☐No	☐Fam Hx
Urinary Tract Disorder	☐ Yes ☐No	☐Fam Hx

OTHER _____

_____

Patient/Parent Signature: _____ Date: _____

Additional Symptoms – HEAD PAIN **Please complete for all that apply**

1. **Do you experience General Head Pain? _☐Yes ☐No**

		Location (L = Left R = Right B = Bilateral)	*Recent/Chronic* (over 6mo.)	*Severity* Mild Mod Severe	*Duration* Hrs Days Wks	*Frequency* Occ. Freq Constant
2.	Temple Area	☐L☐R☐B	☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐
3.	Back of Head	☐L☐R☐B	☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐
4.	Forehead	☐L☐R☐B	☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐
5.	Top of Head	☐L☐R☐B	☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐

For the below categories, please indicate L or R where applicable

Jaw Pain **☐ I have no jaw pain**

Jaw pain with opening	☐L	☐R
Jaw pain when chewing	☐L	☐R
Jaw pain at rest	☐L	☐R

Jaw Joint Sounds **☐ I have no jaw joint sounds**

Jaw sounds with opening	☐L	☐R
Jaw sounds when chewing	☐L	☐R

Ear Related Conditions

Buzzing in ears	☐L	☐R	Pain behind the ear	☐L	☐R
Ear Congestion	☐L	☐R	Pain in front of ear	☐L	☐R
Ear pain	☐L	☐R	Recurrent ear infections	☐L	☐R
Hearing Loss	☐L	☐R	Ringing in the ear (tinnitus)	☐L	☐R
Itchiness/stuffiness	☐L	☐R			

For the below categories, please respond with Yes or No …. *DO NOT LEAVE BLANK*

Jaw Locking

Jaw locks closed	☐Yes	☐No
Jaw locks open	☐Yes	☐No

Jaw Joint Symptoms

Teeth clenching	☐Yes	☐No	☐Day	☐Night
Teeth grinding	☐Yes	☐No	☐Day	☐Night

Eye Related Conditions

Blurred vision	☐Yes	☐No	Pain or pressure behind the eyes	☐Yes	☐No
Double vision	☐Yes	☐No	Extreme sensitivity to light	☐Yes	☐No
Eye pain	☐Yes	☐No	Wear of glasses or contacts	☐Yes	☐No

Throat Related Conditions

Chronic sore throat	☐Yes	☐No	Thyroid enlargement	☐Yes	☐No
Difficulty Swallowing	☐Yes	☐No	Tightness in throat	☐Yes	☐No
Swollen glands	☐Yes	☐No	Feeling of foreign object in throat	☐Yes	☐No

Neck related Conditions

Limited movement	☐Yes	☐No	Numbness in hands/fingers	☐Yes	☐No
Neck pain	☐Yes	☐No	Swelling in neck	☐Yes	☐No

Shoulder Conditions

Pain in Shoulders	☐Yes	☐No	Tingling in fingers/hands	☐Yes	☐No
Stiffness in Shoulders	☐Yes	☐No			

Back Conditions

Low Back Pain	☐Yes	☐No	Scoliosis	☐Yes	☐No
Middle Back Pain	☐Yes	☐No	Sciatica	☐Yes	☐No
Upper Back Pain	☐Yes	☐No			

Mouth/Nose Conditions

Chronic Sinusitis	☐Yes	☐No	Broken Teeth	☐Yes	☐No
Dry Mouth	☐Yes	☐No	Biting Cheeks	☐Yes	☐No
Frequent Snoring	☐Yes	☐No	Burning Tongue	☐Yes	☐No

Patient/Parent Signature: _____ Date: _____

History of Symptoms

On what date, or approximate date, did the condition you are seeking treatment for occur? _____

Are any of the conditions listed or was your chief complaint caused by a motor vehicle accident? ☐Yes ☐No

If yes, what conditions: _____ Date of accident: _____

Does any family member have a sleep breathing disorder? ☐Yes ☐No If yes, explain: _____

_____

Please fully complete all sections below

1. DAYTIME SLEEPINESS EVLAUATION - EPWORTH SLEEPINESS SCALE

For the following situations, answer with one of the following numbers:
0 - would never doze 1 - slight chance of dozing 2 - moderate chance of dozing 3 - high chance of dozing

Situation	Score	Situation	Score
Sitting and reading	_____	Sitting and talking to someone	_____
Watching Television	_____	Sitting quietly after a lunch (no alcohol)	_____
Sitting, inactive public place	_____	In a car, while stopped for a few minutes in traffic	_____
As a passenger in a car for an hour without a break	_____	Lying down to rest in the afternoon when circumstances permit	_____
		TOTAL SCORE	_____

2. NIGHTTIME SLEEPINESS EVALUATION

Developed by David White, M.D., Harvard Medical School, Boston, MA

1. Snoring — Score

   a) Do you snore on most nights (>3 nights per week)?
   Yes (2) No (0) _____

   b) Is your snoring loud? Can it be heard through a door or wall?
   Yes (2) No (0) _____

2. Has it ever been reported to you that you stop breathing or gasp during sleep?
   Never (0) Occasionally (3) Frequently (5) _____

3. What is your collar size?
   Male: Less than 17 inches (0) More than 17 inches (5)
   Female: Less than 16 inches (0) More than 16 inches (5) _____

4. Do you occasionally fall asleep during the day when:

   a) You are busy or active
   Yes (2) No (0) _____

   b) You are driving or stopped at a light?
   Yes (2) No (0) _____

5. Have you had or are you being treated for high blood pressure?
   Yes (2) No (0) _____

TOTAL _____

Patient/Parent Signature: _____ Date: _____

3. PHQ-9 Patient Health Questionnaire

1. *Over the **last 2 weeks,** how often have you been bothered by any of the following problems?*

	Not at all	**Several days**	**More than Half the days**	**Nearly every day**
Little interest or pleasure in doing things	☐	☐	☐	☐
Feeling down, depressed, or hopeless	☐	☐	☐	☐
Trouble falling/staying asleep, sleeping too much	☐	☐	☐	☐
Feeling tired or having little energy	☐	☐	☐	☐
Poor appetite or overeating	☐	☐	☐	☐
Feeling bad about yourself or that you are a failure or have let yourself or your family down	☐	☐	☐	☐
Trouble concentrating on things, such as reading the newspaper or watching TV	☐	☐	☐	☐
Moving or speaking so slowly that other people could have noticed. Or the opposite, being so fidgety or restless that you have been moving around a lot more than usual	☐	☐	☐	☐
Thoughts that you would be better off dead Or of hurting yourself in some way	☐	☐	☐	☐

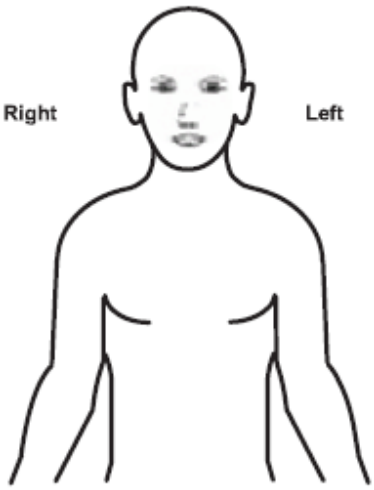
2. *If you checked off any problem on the questionnaire so far, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?*
   ☐ **not difficult at all** ☐ **somewhat difficult** ☐ **very difficult** ☐ **extremely difficult**

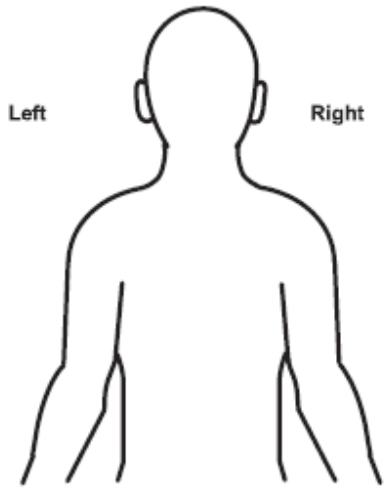
Authorization to release

I authorize the release of all examination findings and diagnosis, report and treatment plans, etc., to any referring or treating health care provider. I additionally authorize the release of any medical information to insurance companies, third party billing companies, or for legal documentation to process claims. I understand that I am responsible for all charges incurred for my treatment regardless of insurance coverage.

Patient/Parent Signature:_____ Date:_____

Patient/Parent Signature: _____ Date: _____





Indicate Areas of Pain
Following the Pain Scale:
1 Mild pain
2 Moderate pain
3 Severe pain

Patient/Parent Signature: _____ Date: _____